



Week #7: A New Power

So now there is no condemnation for those who belong to Christ Jesus. And because you belong to him, the power of the life-giving Spirit has freed you from the power of sin that leads to death.

Romans 8:1-2 (NLT)

I Have:

- A new _____ because I'm _____. (vv. 1-4a)

...who do not live according to the flesh but according to the Spirit. Those who live according to the flesh have their minds set on what the flesh desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires. The mind governed by the flesh is death, but the mind governed by the Spirit is life and peace...

You, however, are not in the realm of the flesh but are in the realm of the Spirit...

Romans 8:4-6, 9 (NIV)

- A new _____ because the Spirit is _____. (vv. 4b-9)

The Spirit of God, who raised Jesus from the dead, lives in you. And just as God raised Christ Jesus from the dead, he will give life to your mortal bodies by this same Spirit living within you. Therefore, dear brothers and sisters, you have no obligation to do what your sinful nature urges you to do.

Romans 8:11-12 (NLT)

- A new _____ because the Spirit is _____. (vv. 10-13)

For all who are led by the Spirit of God are children of God. So you have not received a spirit that makes you fearful slaves. Instead, you received God's Spirit when he adopted you as his own children. Now we call him, "Abba, Father." For his Spirit joins with our spirit to affirm that we are God's children. And since we are his children, we are his heirs. In fact, together with Christ we are heirs of God's glory. But if we are to share his glory, we must also share his suffering.

Romans 8:14-17 (NLT)

- A new _____ because I'm adopted into _____. (vv. 14-17)

Discussion questions:

1. Where do you still tend to live as though you are condemned, rejected, or defined by your past rather than by the freedom and acceptance you have in Christ?
2. What thoughts, habits, or patterns most compete for control of your mind right now, and what might it look like to intentionally set your mind on the Spirit this week?
3. Paul says we are adopted in God's family and can call God "Abba, Father." How might truly believing you are the beloved child of God reshape the way you approach fear, suffering, failure, or uncertainty?

Recommended resources:

[Open to the Spirit](#), by Scot McKnight

[The Familiar Stranger](#), by Tyler Staton

[Spirit Life](#), by Grace Ji-Sun

[The Soul of Shame](#), by Curt Thompson

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- A new mindset because the Spirit is changing me. (vv. 4b-9)

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